

**HOT SANDWICH PLATTERS** 8.93

Hot Turkey or Hot Beef  
Fries or Yukon Gold Mashed Potatoes  
topped with Gravy  
Add Fountain Drink or Bottled Water .50

Hot Turkey Sandwich & Gravy 6.99  
Hot Beef Sandwich & Gravy 6.99

**FRIES & SIDES**

Jersey Shore Fries 8 oz. 2.83  
Yummy Fry Dips : Bacon Horseradish,  
Ranch, Buffalo, Old Bay Sauce .89  
Jersey Shore Fries & Gravy 3.72  
Yukon Gold Mashed Potatoes & Gravy 3.29  
Spinach Salad w/ Dressing  2.49  
Garden Salad w/ Dressing  2.25  
1/2 Dill Pickle .79  
Small Chips 0.75  
Large Chips 1.69

**McSHANE'S FAMOUS CREAM OF CRAB**



8oz. 4.25  
12oz. 5.50  
16oz. 6.75

**SOUP of the Day**

Ask for daily soup choices.  
8oz. 3.29 12oz. 4.49 16 oz. 5.49 **NEW**  
Soup Rolls ~ Whole 1.29 Half .69 cents

**SOUP & GRILLED CHEESE**

8oz. 7.29 12oz. 8.49 16 oz. 9.49

**GRILLED CHEESE**

Sandwich 4 Panini 4.25

**CHILI**

8oz. 3.99 12oz. 4.99 16 oz. 5.99  
Add Shredded Cheddar .59 Sour Cream .49  
Jalapeno Cheddar Corn Bread 1.29

**PANINIS** 6.99

Turkey Ranchero Oven Roasted Turkey,  
Cheddar, Bacon Horseradish Sauce, Tomato  
Buffalo Chicken Panini  
Bacon, Cheddar, Buffalo Sauce, Chicken  
Texas Steak & BBQ  
Sliced, Marinated Beef  
Cheddar, Tomato & BBQ Sauce  
Cowboy Steak Bacon Horseradish Sauce,  
Cheddar & Tomato, Marinated Beef  
Grilled Ham & Swiss Panini  
Virginia Ham, Swiss & Honey Mustard  
Wild West Chicken Panini  
Bacon, BBQ Sauce, Cheddar, Tomato

**REUBENS**

Russian, Sauerkraut, Swiss, Marbled Rye  
Corned Beef 7.99  
Turkey Reuben 7.69

**DELI SANDWICHES & SUBS** 6.49

Served with lettuce and tomato.  
Add your condiments at the Sub Station

**BREAD CHOICES:**

SUB ROLL, MULTI-GRAIN, WHITE, RYE








Italian Cold Cut (Sub only)  
Oven Roasted Turkey & American  
Virginia Ham & Cheddar  
Signature Roast Beef & Cheddar  
BLT  
Turkey BLT 7.49  
Chicken Salad




**HALF SANDWICHES** 3.79

Turkey BLT (add .40 cents)

**WRAPS & BOWLS** 5.99

Classic Turkey (Flour Tortilla)  
Lettuce, Tomato, Mayo, American  
Signature Turkey (Wheat)  
Provolone, Red Pepper Sauce, Lettuce, Tomato  
Mediterranean Turkey (Roasted Red Pepper)  
Provolone, Spinach, Tomato, Pesto Sauce  
Bacon Horseradish Turkey (Flour Tortilla)  
Bacon Horseradish Sauce, Lettuce, Tomato  
Chicken Caesar (Spinach)  
Berry, Apple, Walnut Chicken Salad  
(Wheat) Served with mixed lettuce  
Mediterranean Chicken   
(Roasted Red Pepper Wrap)  
Mixed Lettuce, Tomato, Red Peppers  
Bl. Olives, Feta ,Balsamic, Cucumber  
Chicken Salad (Wheat) Lettuce & Tomato  
Chicken Milano  
(Roasted Red Pepper Wrap)  
Feta, Mixed Lettuce, Tomato, Caesar  
Greek Veggie  (Spinach)  
Mixed Lettuce, Tom, Red Peppers.  
Feta, Bl. Olives, Cucumber, Balsamic  
Wild Alaskan Salmon Wrap  .99  
(Spinach Wrap)  
Lettuce, Tomato, Pesto Sauce  
Greek Salmon Wrap  7.99  
(Spinach Wrap)  
Mixed Lettuce, Tom, Red Peppers.  
Feta, Bl. Olives, Cucumber, . Balsamic  
Salmon Baby Wrap  7.99  
(Roasted Red Pepper Wrap)  
Baby Spinach. Tomato,  
Roasted Red Pepper Sauce

**LUNCH SALADS**

Garden Spinach w/Tomato, Carrot 4.95  
Cucumber,Dressing   
W/ Chicken 7.95 W/ Salmon 8.95  
Greek Veggie  6.95  
Harvest Blend, Tomato, Roasted  
Red Peppers, Feta , Black Olives,  
Cucumber, Balsamic  
Festive Berry & Nut  7.95  
Harvest Blend, Walnuts, Cranberries  
Granny Smith, Bleu Cheese  
Raspberry Vinaigrette.



Mediterranean Chicken Salad  7.95  
Grilled Chicken, Harvest Blend, Tomato,  
Roasted Red Peppers, Feta , Cucumber  
Black Olives, Balsamic  
Mediterranean Salmon Salad  8.95  
Chicken Caesar 7.95  
Chopped Romaine, Shredded Parmesan  
Caesar Dressing & Croutons (optional)



 WE LOVE APG 

### GRILLED BURRITOS OR BOWLS

<b>South of the Border</b>	3.99
Sausage, Egg, Cheddar, Salsa	
<b>American</b>	3.99
Sausage, Bacon, Egg, American Cheese	
<b>Jersey Pork Roll</b>	3.99
Taylor Ham, Egg, Melted American Cheese	
<b>Captain's Wrap</b>	6.49
Lump Crab, Grilled Chicken, Egg, Cheddar, Tomato, Old Bay Sauce	
<b>Mediterranean</b>	3.99
(Red Pepper Wrap) Egg, Baby Spinach, Roasted Red Peppers, Pesto Sauce	
<b>Old Bay Classic</b>	4.99
Lump Crab, Egg, Cheddar, Old Bay Sauce	
<b>Veggie's &amp; Egg Whites</b>	3.99
Baby Spinach, Tomato, Rsted. Red Peppers, Red Onions, Provolone. (Spinach Wrap)	
<b>Meat and Potatoes</b>	4.99
Chopped Steak, Egg, Hash Brown, Ketchup, Melted American Cheese	
<b>Steak Ranchero</b>	4.99
Chopped Steak, Scrambled Egg, Salsa, Jalapeno, Melted American Cheese	
<b>Chicken Ranchero</b>	4.99
Grilled Chicken, Egg, Salsa, Jalapeno, Melted American Cheese	
<b>Tuscan Morning</b>	3.99
Applewood Bacon, Egg, Provolone, Tomato, Pesto Sauce	

### BREAKFAST PANINIS

HALF 2.59 WHOLE 4.72

Egg & Cheese w/ Taylor Ham, Bacon, Sausage or Virginia Ham

### CREATE A PLATTER

White Toast (2)	0.99	<b>Add Hash Browns to any Breakfast Bowl. Burrito or Bagel Sandwich \$1.49</b>
Rye Toast (1)	0.89	
Toasted Bagel	1.89	
Scrambled Egg (1)	0.99	
Egg Whites (1)	1.29	
Hash Browns	1.49	
Bacon (2)	1.29	
Sausage Pattie (1)	1.29	
Grilled Virginia Ham	1.29	
Grilled Taylor Ham	1.29	
Juice	1.69	
(Orange, Apple, Cranberry, Pineapple)		

### PARFAITS



Fruit & Granola Yogurt Parfaits	3.59
Muffins	2.83
Apple Fritters	
New York Crumb Cake	
Donuts	
Pastries	

### STEEL CUT OATMEAL 2.79

Add Walnuts, Apple, Raisins,	
Craisins, Peanut Butter	.49
Blueberries, Strawberries	.69

### BIG BAGEL SANDWICHES

Plain, Everything, Wheat, Asiago Cheese	
<b>Jersey Pork Roll Bagel Sandwich</b>	3.77
Taylor Ham, Scrambled Egg, American	
<b>Bacon, Egg &amp; Cheese</b>	3.77
<b>Sausage, Egg &amp; Cheese</b>	3.77
<b>Ham, Egg &amp; Cheese</b>	3.77
<b>Triple Piggy</b>	5.49
Egg, Cheese, Taylor Ham, Bacon, Sausage	

### BIG BAGELS



Plain, Everything, Wheat & Asiago Cheese	
w/ Philadelphia Cream Cheese	2.83
w/ Egg	2.83
w/ Egg & Cheese	3.19
Big Buttered Bagel	1.89
Danishes, Donuts, Pastries	Asst.

THE BEST

FRESH BREWED COFFEE

12 oz. -1.75 16 oz. -1.99 20 oz. - 2.25

**NEW** 24 OZ. 2.59



### FALL & WINTER MENU 2017



**SINCE 2006**

**Breakfast 7AM-10AM**

**Lunch 10 AM-3PM**

6010 Frankford St.  
Aberdeen Proving Ground, Md.  
21005  
(410)734-0622  
(For the best service no calls  
between 9:30-1pm)  
mcshanesgourmet@yahoo.com

**CATERING**  
mcshanesgourmet.com  
Menus available  
at McShane's